

**S K Somaiya College**  
**Admission Manual**

Ph.D. Programme  
Nutraceuticals

July 2021

Visit for Further Details: <https://www.somaiya.edu/en/phd/>

## About Somaiya Vidyavihar University

**On 26th August 2019, Somaiya Vidyavihar University has become a reality**

A new milestone in a glorious ongoing journey established in 2019, Somaiya Vidyavihar University, Mumbai recognised by the University Grants Commission (UGC). Somaiya Vidyavihar, with over six decades of rich experience in building and managing educational institutes of great repute, is the sponsoring body. With over six decades of rich experience Somaiya Vidyavihar has become a self-finance Private University. Somaiya Vidyavihar University is the first private university in Mumbai vide the Maharashtra Self- Financed Universities (Establishment and Regulation) Act 2013. With this status, we now have the academic, administrative, and financial freedom, to achieve the dreams as imagined by our founders. We have a dream to build and support a world class institution, one that is proudly Indian, and excels in education, research and service. Somaiya Vidyavihar University will be a place where knowledge is preserved, disseminated, and new knowledge is created. It will be global in the reach of its ideas and universal in its service. Operational from 26th August 2019, Somaiya Vidyavihar University is a place where you can explore new possibilities, pursue your passion and above all, find yourself.

### *Our History*

**An all-round education must integrate Indian culture, values & morality into the curriculum.**

In just five decades it has grown into a large educational complex with 34 institutions catering to diverse fields of education such as Humanities, Engineering, Education, Medicine, Management, Pure Sciences and Mass Communication, with more than 39000+ Candidates and 3000+ Faculties and staff on a throbbing 65 acre campus.

The Somaiya Vidyavihar Complex was founded in 1959 by late Shri K.J. Somaiya (1902-1999). Endowed with a sharp business acumen, a balanced perspective and a social bent of mind, Karamshibhai set up the Somaiya Trust in 1953 for furthering his dream of shaping young minds through quality education. For this purpose, he bought a large area of land at Ghatkopar, then considered to be distant, meagrely populated.

### *Our Vision*

Our Founder, Padmabhushan Shri K. J. Somaiya founded Somaiya Vidyavihar on the 9th of September 1959. He later founded the Girivanvasi Pragati Mandal, The K J Somaiya Medical Trust, Girivanvasi Education Trust and sister institutions to make great citizens of India and the World. In the words of Swami Vivekananda, “We want that education by which character is formed, strength of mind is increased, and the intellect expanded, and by which one can stand on one’s own feet.” We have now grown into a multi-disciplinary and multi-campus education institution with over 1500 faculty, and 38, 000 candidates.

***The Somaiya Vidyavihar University admitted 3000+ candidates in 100+ UG/PG/PhD/PG Diploma/Diploma/Certificate programmes in the very first year of establishment.***

## About Research Center

The term 'Nutraceutical' originates from the combination of the words 'nutrient' and 'pharmaceutical.' Thus, nutraceuticals are bioactive compounds derived from food sources that have beneficial health effect. Nutraceuticals is a multidisciplinary field which encompasses biochemistry, biology, chemistry, pharmacy and nutrition. Nutraceuticals are being increasingly used along with the traditional medical therapy for ameliorating diseases. The term 'Nutraceuticals' encompasses terms such as food ingredients, and dietary supplements that provide specific health benefits. The ever-increasing spectra of nutraceuticals has created a huge opportunity to generate scientific knowledge which would in turn validate their efficacy.

The research center in Nutraceuticals has been established in the Department of Nutraceuticals, S K Somaiya College, Somaiya Vidyavihar University. The principal focus of the Ph.D. centre for Nutraceuticals is to develop techniques for extraction of nutraceuticals, and validation of their efficacy by both preclinical and clinical methods. Our mission is to compete with the best in this field by providing exceptional and interdisciplinary education and training in Nutraceuticals. We also aim to contribute immensely to the ever-growing research milieu. Academic year 2021-22 will mark the beginning of this course.

The Department of Nutraceuticals which was founded in the year 2010 has generated excellent human resources who are placed in premier institutes as scientists, educators and entrepreneurs in India as well as abroad. Faculty members of the department are working on several projects, prominent one is the project with Michigan State University, USA. The faculty members have published papers and book chapters of high impact factors. Students in the department are encouraged to participate at various competitive events. The department boasts of receiving internships for students at national level societies like Association of Food Scientists and Technologists among others.

### KEY FEATURES

- Department with Ph.D. qualified faculty.
- Dynamic and interdisciplinary curriculum for in depth understanding of Nutraceuticals.
- Opportunities for collaborative research in India and abroad.
- Laboratory support for conducting interdisciplinary research projects.
- Workshops and Guest Lectures on a regular basis.
- A National-level annual event 'ANNAKOSH' organized by the students of the department.

**Ph.D. Admission Eligibility for Somaiya Vidyavihar University (SVU): Minimum Qualifications for Admission**

Subject to the conditions stipulated in the Regulations, the following candidate are eligible to seek admission to the Ph.D. Programme

i.	Master's degree or a professional degree declared equivalent to the Master's degree by the corresponding statutory regulatory body, <b>with at least 55% marks in aggregate or its equivalent as per UGC regulations.</b>
ii.	A person whose Master's dissertation has been evaluated and the viva-voce is pending may be admitted to the Ph.D. Programme but subject to completion of Master's degree before provisional admission to SVU Ph.D. Programmes.
iii.	Candidates possessing a Degree considered equivalent to Master's Degree of an Indian Institution, from a Foreign Educational Institution accredited by an Assessment and Accreditation Agency which is approved, recognized or authorized by an authority, established or incorporated under a law in its home country or any other statutory authority in that country for the purpose of assessing, accrediting or assuring quality and standards of educational institutions, shall be eligible for admission to Ph.D. Programme.
iv.	Candidate not having Master's degree but having research / work / professional experience or possessing post graduate diploma <b>may appear for Ph.D. Entrance Examination of SVU</b> subject to such candidates need to apply separately to SVU for obtaining equivalence for Master's degree. The SVU will have final rights reserved to give such equivalence as per the regulations. Such candidates must possess undergraduate degree with <b>at least 55% marks in aggregate or its equivalent as per UGC regulations.</b> The relaxation will be as per UGC norms from time to time.
v.	<b>MUST</b> have qualified score of <b>Ph.D. Entrance Examination of SVU</b> – mandatory eligibility criteria for all candidates.
vi.	<b>Candidates exempted</b> from appearing for Ph.D. Entrance Examination of SVU <b>MUST fill the application form</b> as per the schedule displayed on website. The exempted candidates <b>need not pay the application processing fee.</b>
vii.	A No Objection Certificate (NOC) in prescribed format from the employer in case of those who are applying to Ph.D. Programme as a sponsored candidate.

<b>Eligibility at UG/PG Degree</b>	
<b>Branch of study at UG</b>	Life Sciences Biotechnology Microbiology Biochemistry Botany Zoology Food science and nutrition
<b>Branch of study at PG</b>	Nutraceuticals Life Sciences Biotechnology Microbiology Biochemistry Food science and nutrition Dietetics Bioanalytical sciences Botany Zoology

<b>Exemption Criteria for SVU Ph.D. Entrance Examination</b>
<p>Candidates who qualified in UGC - CSIR -NET-JRF/ ICMR-JRF / DBT-JRF (BET)/ INSPIRE/ Prime Minister's Fellowships and those qualified in any of the UGC recognized national or state level eligibility tests with a valid fellowship in the Life sciences and related field.</p> <p><b>However, the candidates who fulfill the above criteria MUST fill the application form as per the schedule displayed on the website.</b></p>

<b>Pattern and syllabus of SVU Ph.D. Entrance Examination</b>
<b>Subject of Entrance Examination: Nutraceuticals and Food Science</b>
The SVU Ph.D. Entrance examination will be proctored/supervised close book examination
<p><b>Paper-1 General Aptitude Test – MCQs Online test of 30 marks with 30 questions - duration of the test 30 min.- no negative marking and options</b></p> <p>a) Logical Reasoning b) Numerical Ability c) Reasoning and Language Aptitude</p>
<p><b>Paper - 2: Subject Specific Test – Online of 70 marks - duration 1 and half hours</b></p> <p>a) Multiple Choice Questions – Maximum marks – 10 - MCQs online or offline test of 10 marks with 10 questions - <b>no negative marking and option</b></p> <p>b) <b>Theoretical / Descriptive Questions – Maximum marks 60 – online or offline descriptive type six questions each of 15 marks - any four to be solved</b></p>

## Syllabus for Entrance Examination

**Unit 1:-** Human Nutrition, Health and Interventions. Balanced diet-Food groups, Food pyramid. Macro and micronutrients in human nutrition-Carbohydrates, proteins, lipids, vitamins, minerals and water - requirements, sources, functions, metabolism and effects of deficiency and toxicity of the nutrients. Nutrients interrelationship. Inborn errors of metabolism. Phytochemicals, antioxidants, prebiotics and probiotics, functional foods and nutraceuticals. Drug and nutrient interaction. Diet & nutritional therapy in disorders of obesity, underweight, gastro-intestinal tract, kidney, liver, heart, lungs, cancer, diabetes mellitus, food allergies and intolerances. Major Public Health and Nutritional problems in India-Causes, magnitude and distribution. Assessment of Community Nutritional status by Standard methods. National Nutrition Policy, National and International organizations' programmes to combat malnutrition. Nutritional epidemiology, Public health aspects of human nutrition. Objectives, Principles and Importance of Nutrition education, Nutrition monitoring and Surveillance.

**Unit 2:-** Food Science and Processing Technologies Need & Scope of Food Science, Physico-chemical properties of foods, Methods of cooking-merits & demerits, factors affecting cooking. Sensory evaluation and Consumer acceptability, Food fortification, enrichment and supplementation. Food additives and Preservatives. Anti-nutritional factors & Toxicants in foods. Food hygiene and sanitation, Food-borne illnesses, infections and food poisoning. Food Adulteration, Food Standards, Laws & Regulations for food safety. Post-harvest losses, food spoilage and its causes. Food Processing techniques, effects on nutritional value, food packaging and labelling. Quantitative and Qualitative changes during post-harvest handling and processing of foods. Principles and methods of food processing, drying, concentration, freezing, cryogenic freezing fermentation, irradiation, canning, sterilization, pasteurization. Processing & packaging techniques for cereals, millets and legumes, milk and milk products, fruits and vegetables, nuts and oilseeds, meat, fish and poultry. Role of warehousing corporation and Food Corporation of India on post-harvest conservation. Storage of perishable and non-perishable foods, traditional and modern food storage

**Unit 3:-** Introduction to Nutraceuticals: Free radicals and antioxidants: The free radical or oxidant theory of disease, Mechanisms for limiting free radical damage, Diets associated with reduced risk of chronic diseases, Evidence for benefit of antioxidant supplements, Vitamin E and dementia. Secondary plant metabolites, Terpenoids, Phenolic compounds (phenols and polyphenols), Nitrogen-containing alkaloids and sulphur-containing compounds, Lipids and lipid related functional foods. Mechanism of action of secondary metabolites in reducing risk of chronic diseases, Plant and animal extracts: Agnus castus, Aloe vera, Bee products, Chitosan, Echinacea, Garlic, Ginger, Ginkgo biloba, Ginseng, Guarana. Kelp, Milk thistle, Saw palmetto, Spirulina, Chlorella, St John's Wort, Tea extracts. Nature, functions, supplement forms and sources, rationale for use and evidence of effectiveness of Glucosamine and chondroitin sulphate, S-adenosylmethionine, Lecithin and choline, L-carnitine, Creatine Coenzyme Q10 (ubiquinone),  $\alpha$ -Lipoic acid, Methylsulphonylmethane.

**Unit 4: -** Techniques of cellular fractionation, Extraction procedures, Batch extraction, continuous extraction and counter current extraction. Centrifuge techniques: zonal, density, gradient and ultracentrifugation techniques and their applications.

Electrophoresis: zonal, paper, gel electrophoresis and isoelectric focusing and their application. Thermal method of analysis. Chromatography: Paper, TLC, adsorption, ion exchange, gel filtration, affinity, GC & HPLC. Spectroscopy: Beer-Lambert law & brief description of colorimetry, UV-VIS, Fluorescence, Infrared spectroscopy, Raman Spectroscopy, NMR, Mass spectroscopy, Flame photometry, Atomic absorption spectroscopy and X-ray diffraction, ICP MS, ICP AES, General idea about hyphenated techniques in chromatography.

### Documents Required

1. UG Degree or equivalent Mark List
2. UG Degree certificate
3. PG Degree or equivalent Mark List
4. PG Degree or equivalent certificate
5. AADHAR card
6. Degree equivalence / eligibility certificate – wherever is applicable
7. Migration certificate
8. Two colour passport size Photograph
9. If appearing the PG degree examination – bonafide certificate
10. If employed, then No Objection from the employer – at the time of provisional admission

Sr. No.	Steps adapted for Ph.D. Programme
1.	Advertisement in the newspaper
2.	Acceptance of the applications for Ph.D. entrance examination along with applications processing fee
3.	Execution of Ph.D. entrance examination for all PhD programmes
4.	Results of Ph.D. entrance examination
5.	Selection process - Display of list of eligible shortlisted candidates for interview
6.	Selection process – Interviews of shortlisted candidates
7.	Display of shortlisted candidates for provisional admission
8.	Provisional admission and payment of fees in accounts/admin office of the colleges.
9.	Orientation and beginning of the yearlong two semester course work
10.	Allotment of the guide at individual college level / department (within the first six months of provisional admission)

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11.	In the first year, first semester is course work, which includes teaching learning, continuous evaluation and ESE examination (Comprehensive examination). The second semester will have dedicated research activities, lab rotation and research proposal drafting & presentation and its evaluation.
12.	Research proposal presentation (Qualifying examination)
13.	KT examination for the semester I and II for unsuccessful candidates or for grade improvement
14.	Issue of mark sheets for course work of semester I and II
15.	Topic approval of the thesis work (after Qualifying course work examination)
16.	Registration for Ph. D programme
17.	Appointment of Examiners and chairman from Research Committee
18.	Annual Progress Seminars (APS) every June/July and Intermediate Progress Seminar (IPS) every January/February of the academic year
19.	Approval of examiners to present pre-synopsis in one of the APS and IPS
20.	Presentation of pre-synopsis and its approval by the examiners
21.	Submission of thesis
22.	Sending the thesis to reviewers
23.	Receipt of reviews about thesis from the reviewers
24.	Final defence of the thesis
25.	Submission of final corrected thesis after defence
26.	Issue of provisional degree certificate
27.	Issue of degree certificate
	The steps and the progress evaluation of Ph.D. students by the committee/examiners/experts will be as per the provisions of Ph.D. regulations

**Fee Structure and payment for regular/confirm admission – as per schedule specified in notification from time to time**

Particulars	@Total Fees per annum (₹)
Tuition Fee	103600
Development Fee	15000
Examination Fee	4400
Laboratory Fees	25000
Library Fee	2000
<b>Total (₹)</b>	<b>1,50,000/-</b>
<b>@ If paid provisional admission fee then should be debited from total fee</b>	
Link for fees payment (Fees will be accepted via online payment gateway only and in no case, it can be paid using any other type of mode of payment and to any office/person)	<a href="https://myaccount.somaiya.edu/#/login">https://myaccount.somaiya.edu/#/login</a>

<b>Payment of fees schedule for Provisional admission and subsequent years of Ph.D. programme</b>			
<b>Program Academic Year</b>	<b>Particulars</b>	<b>Amount in Rupees (₹)</b>	<b>Payment Schedule</b>
<b>First Year</b>	Provisional admission fee/ First Instalment	75,000/-	Within eight days from the date of receiving the offer letter
	Second Instalment	75,000/-	Within six weeks from the commencement of the Academic Year
<b>Second Year and Onwards</b>	First Instalment	75,000/-	Within first week from the commencement of the new Academic Year
	Second Instalment	75,000/-	Within six weeks from the commencement of the new Academic Year
Link for fees payment (Fees will be accepted via online payment only and in no case it can be paid using any other mode of payment and to any office/person)		<a href="https://myaccount.somaiya.edu/#/login">https://myaccount.somaiya.edu/#/login</a>	
<b>Note: Students have to pay the full fees of the program per year till the submission of the thesis</b>			

### **Guidelines to do fee payment in Online Mode**

There is a provision of ONLINE PAYMENT of college fees for student's convenience 24x7 on or before scheduled due date. Student will get notification from institute in three ways.

- 1) SMS
- 2) Email
- 3) Notification on [myaccount.somaiya.edu](https://myaccount.somaiya.edu) portal

In notification there will be a link to make the payment. You just need to click on the link and follow below simple steps to make the payment.

STEP 1: Link will take you to [myaccount.somaiya.edu](https://myaccount.somaiya.edu) portal. Use Somaiya SVV Net ID and password to login. Want to know more about [myaccount.somaiya.edu](https://myaccount.somaiya.edu) click on [https://somaiya.edu/media/pdf/SVNetID\\_and\\_Email%20id.pdf](https://somaiya.edu/media/pdf/SVNetID_and_Email%20id.pdf)

STEP 2: Login, select instalments and click on "Pay Now".

STEP 3: System will redirect to Online Payment Gateway. Fill the required information and follow payment options to complete the payment cycle.

STEP 4: After the successful payment, the payment receipt will be available at student's MyAccount portal

### Admission Cancellation policy of Ph.D. programme

If the candidate has accepted the allotted seat by paying the fees and later chooses/decides to withdraw from the programme of study, then cancellation option is available at his/her MyAccount login.

The college shall follow the below system for deduction of fees against the cancellation request for the candidate.

Sr. No.	Point of time when application for admission cancellation is received by college	Applicable Deduction
1	15 days or more before the date of commencement of academic term	Rs 5,000/-
2	Less than 15 days before the date of commencement of academic term	10% of total fees
3	Less than 15 days from the date of commencement of academic term	20% of total fees
4	On or beyond 15th day but within six weeks from the date of commencement of academic term	50% of total fees
5	More than six weeks from the date of commencement of academic term	100% of total fees

**Note:**

- Total Fees for the program per year is Rs. 1,50,000/-
- Tentative date of commencement of every academic term will be announced on website.

### Typical Sample example for further illustration to know about cancellation charges with reference to the date of commencement of term

Refer the **below example** for clarification of Ph.D. admission cancellation policy

Assume that the academic term commences from **15th July** of a particular academic year. Based on this assumption, following table illustrates important dates of cancellation policy:

**Illustration:**

Sr. No.	Point of time when application for admission cancellation is received by college	Applicable Deduction
1	Cancellation on or before 30th June (up to 11.59pm)	Rs 5,000/-
2	Any time from 1st July to 14th July (up to 11.59pm)	10% of total fees
3	Any time from 15th July to 28th July (up to 11.59pm)	20% of total fees
4	Any time from 29th July to 25th August (up to 11.59pm)	50% of total fees

5	After 25th August	100% of total fees
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**Process of getting documents submitted return**

After verifications of documents, within 7 days, documents will be returned to students.

**Contact**

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